

**SAUGUS PUBLIC SCHOOLS
ATHLETIC DEPARTMENT – PERMISSION SLIP**

NAME: _____ **GRADE** _____ **has my permission to**
participate in _____.

In order to be eligible candidates must:

1. Maintain a **passing average of 20 credits** per quarter and for the academic year.
2. Receive a physical exam; a physical is **valid for 12 months** from the date of the physical.
3. Submit the **Athletic Emergency Information Form**
4. Return or pay for all materials that belong to the Saugus Public Schools.
5. **Pay an Athletic User Fee** to the Town of Saugus.
6. Be in good standing in school (i.e. no excessive suspensions or disciplinary problems).

I am also aware of the school rules and regulations for student-athletes THAT STATES:

- a. The recipient of all athletic equipment assumes full responsibility for its proper care, complete and satisfactory return, or payment for loss thereof.
- b. All athletic injuries must be reported to the coach or athletic trainer IMMEDIATELY. Failure to do so could result in loss of insurance benefits. The Athletic Trainer has the final decision on the playing status of any injured student-athlete.
- c. Stealing of equipment and from other schools means dismissal from the team.
- d. Student-athletes must be present in school by 7:45 AM on the day of practice or a game, or a Friday before a Saturday game, or they will not be allowed to participate in any athletic activity unless direct permission from the principal is received. Student-athletes may forfeit their right to participate in a practice or contest if they are not in compliance.
- e. Student-athletes who fight during a game or display unsportsmanlike conduct are subject to the penalties as stated in the M.I.A.A. handbook and sanctions as determined by Saugus High School.
- f. The use of, or in the presence of drugs, including illegal performing enhancing stimulants, or alcohol in and form is strictly forbidden. Failure to comply with this rule will result in strict enforcement of the M.I.A.A. rules regarding drug and alcohol use.
- g. Student-athletes must adhere to the rules of the Saugus High School and Middle School Student Handbooks.
- h. Student-athletes must travel to and from all away games in transportation provided by the school. Individual situations must be explained in writing 24 hours prior to the event and be approved by the Athletic Director or School Administrator.
- i. Student-athletes must contact the coach or Athletic Director if they are unable to attend a practice or game.
- j. Student-athletes must be in compliance with all M.I.A.A. rules.
- k. Membership on a Saugus High School or Middle School athletic team is a privilege, not a right. Every student-athlete shall conduct his/her self in such a manner as to create a positive reflection of the school.
- l. Students who are suspended either out-of-school or in-school are **NOT** eligible to practice, participate or attend athletic contests.
- m. Understanding and compliance of the Saugus High School and Saugus School Board Hazing Policy passed on March 10, 2005.

ATHLETIC PROBATION

It is the goal of the Athletic Department that all students who participate in the athletic program have passing grades in all subjects. In effort to help us meet this goal, we have established a mandatory study hall for all athletes who meet state eligibility but fail to meet the 100% passing goal. Students who fail to meet the 100% passing goal will be required to attend mandatory study sessions as follows:

1. **Fail one subject – 1 hour per week**
2. **Fail two subjects – 2 hours per week**
3. **Fail three subjects – 3 hours per week**

Athletes who fail to attend these required sessions will be required to make up the time for the first offense the following week; second offense, suspended from play for one week; third offense possible removal from the team.

Drug/Alcohol/Tobacco Rule for Athletes

Saugus High School defines, but not limited to, a violation of the Drug/Alcohol/Tobacco policy as use, possession, and in the presence of. Student-athletes are to refrain from being anywhere drugs/alcohol/tobacco may be in the vicinity. The Chemical Health Rule has been extended to be inclusive of the period from: the first allowable day of fall practice, through the end of the academic year or final athletic competition of the year, whichever is later. (Broadening this window from "in season" to the entire academic year reflects that chemical health of our students is not simply a seasonal concern.

First violation: When the Principal confirms, following an opportunity for the student to be heard, that a violation occurred, the student shall lose eligibility for the next consecutive interscholastic contests totaling 25% of all interscholastic contests in that sport. No exception is permitted for a student who becomes a participant in a treatment program. It is recommended that the student be allowed to remain at practice for the purpose of rehabilitation. All decimal part of an event will be truncated i.e. All fractional part of an event will be dropped when calculating the 25% of the season.

Second and Subsequent Violations:

Penalty: When the Principal confirms, following an opportunity for the student to be heard, that a second or subsequent violations occurred, the student shall lose eligibility for the next twelve (12) consecutive interscholastic events or twelve (12) consecutive weeks, whichever is greater, in which the student is a participant. If after the second or subsequent violations the student on his/her own volition becomes a participant in an approved chemical dependency program or treatment program; the student may be certified for reinstatement in MIAA activities after a minimum period of (66) weeks. The director or a counselor of a chemical dependency treatment center must issue such certification. Penalties shall be cumulative each academic year, but a penalty period will extend into the next academic year.

CONSENT AND RELEASE FORM

I, the undersigned, do hereby consent to my child's participation in voluntary athletic or recreation programs of the Saugus Public Schools.

I also agree to forever release the Town of Saugus, the Saugus Public Schools, the School Committee, and all their employees, agents, board members, volunteers and any and all individuals and organizations assisting or participating in voluntary athletic or recreation programs of the Saugus Public Schools ("the Releasees") from any and all claims, rights of action and causes of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to my child or property damage resulting from my child's participation in the Saugus Public Schools' voluntary athletic or recreation programs. I also promise, to indemnify, defend, and hold harmless the Releasees against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, arising from personal injuries to my child or property damages resulting from my child's participation in the Saugus Public Schools' voluntary athletic or recreation programs.

I further affirm that I have read this Consent and Release Form, along with the Permission Slip, and that I understand the contents of these Forms. I understand that my child's participation in these programs is voluntary and that my child and I are free to choose not to participate in said programs. By signing this Form, I affirm that I have decided to allow my child to participate in the Saugus Public Schools' athletic or recreation programs with full knowledge that the Releasees will not be liable to anyone for personal injuries and property damage my child or I may suffer in voluntary Saugus Public Schools' athletic or recreation programs.

I hereby understand these rules and policies and agree to abide by them.

Student-Athlete Signature _____ Date: _____

Parent/Guardian Signature _____ Date: _____