

Week 1

Massachusetts Performance Standards

The students will: 2.8-Use combinations of manipulative, locomotor, and non-locomotor skills to develop movement sequences and patterns, both individually and with others.
2.9-Demonstrate developmentally appropriate basic manipulative and advanced specialized physical skills, including throwing and catching different objects with both accuracy and force, hand and foot dribbling while preventing an opponent from challenging, an accurate striking proficiency.

UNIT – GOLF

1. Swinging the golf club

Objectives (Students will...)

1. Students will be able to swing the golf club effectively so that the ball is hit straight in 50% of the hits.

Essential Question

1. What are the proper mechanics for the golf swing?

Mission and Expectations

1. Critical thinking skills.
2. Problem solving skills.
3. Motor skills.

Teacher Resources

1. How I Play Golf by Tiger Woods
2. Golf Clubs
3. Whiffle Golf Balls
4. Outdoor Field

Media and Technology Resources

1. None

Evaluation/Activities

Lecture/Demonstration: Swinging the golf club.

Class work: Practice swinging the golf club.

Homework: None

Review: None

Quiz: None

Lesson Completion Date TBD

Technology Used/ Date Used: NA

Completed By: Belmonte PE Department

Comments:

Week 2

Performance Standards

The students will: The students will: 2.8-Use combinations of manipulative, locomotor, and non-locomotor skills to develop movement sequences and patterns, both individually and with others.
2.9-Demonstrate developmentally appropriate basic manipulative and advanced specialized physical skills, including throwing and catching different objects with both accuracy and force, hand and foot dribbling while preventing an opponent from challenging, an accurate striking proficiency.

Unit/Topic/Lesson
UNIT – GOLF

1. Rules of Golf.
2. Etiquette of Golf.

Objectives

1. Students will demonstrate knowledge of the rules while playing a game of Golf.
2. Students will demonstrate proper etiquette when playing a game of Golf.

Essential Question

1. How do the rules help or hinder the flow of play of Golf?
2. How does good golf etiquette make the game more enjoyable for all players?

Mission and Expectations

1. Critical thinking skills.
2. Problem solving skills.
3. Motor skills.

Teacher Resources

1. How I Play Golf by Tiger Woods
2. Golf Clubs
3. Whiffle Golf Balls
4. Outdoor Field

Media Resources

1. None

Evaluation/Activities

Class work: Practice of Golf rules and etiquette when playing a game.
Homework: None
Review: All weekly concepts.
Quiz: None

Lesson Completion Date: TBD

Technology Used/ Date Used: NA

Completed By: Belmonte PE Department

Comments:

Week 3

Performance Standards

The students will: 2.8-Use combinations of manipulative, locomotor, and non-locomotor skills to develop movement sequences and patterns, both individually and with others.
2.9-Demonstrate developmentally appropriate basic manipulative and advanced specialized physical skills, including throwing and catching different objects with both accuracy and force, hand and foot dribbling while preventing an opponent from challenging, an accurate striking proficiency.

Unit/Topic/Lesson UNIT – GOLF

1. Games

Objectives

1. Students will apply skills learned from previous lessons to a competitive game situation.

Essential Question

1. Can students apply skills learned to a game situation?

Mission and Expectations

1. Critical thinking skills.
2. Problem solving skills
3. Motor skills.

Teacher Resources

1. How I Play Golf by Tiger Woods
2. Golf Clubs
3. Whiffle Golf Balls
4. Outdoor Field

Media Resources

1. None

Evaluation/Activities

Class work: To be done on each topic/concept as needed for understanding.
Homework: None
Review: All weekly concepts.
Quiz: None

Lesson Completion Date: TBD

Technology Used/ Date Used: NA

Completed By: Belmonte PE Department

Comments:

Week 4

Performance Standards

The students will: 2.8-Use combinations of manipulative, locomotor, and non-locomotor skills to develop movement sequences and patterns, both individually and with others.
2.9-Demonstrate developmentally appropriate basic manipulative and advanced specialized physical skills, including throwing and catching different objects with both accuracy and force, hand and foot dribbling while preventing an opponent from challenging, an accurate striking proficiency.

Unit/Topic/Lesson
UNIT – GOLF

1. Games

Objectives

1. Students will apply skills learned from previous lessons to a competitive game situation.

Essential Question

1. Can students apply skills learned to a game situation?

Mission and Expectations

1. Critical thinking skills.
2. Problem solving skills.
3. Motor skills.

Teacher Resources

1. How I Play Golf by Tiger Woods
2. Golf Clubs
3. Whiffle Golf Balls
4. Outdoor Field

Media Resources

1. None

Evaluation/Activities

Class work: To be done on each topic/concept as needed for understanding.
Homework: None
Review: All weekly concepts.
Quiz: None

Lesson Completion Date: TBD

Technology Used/ Date Used: NA

Completed By: Belmonte PE Department

Comments:

