

Behind the Athletic Director's Desk

With the fall season just beginning, athletes at Saugus High School and Belmonte Middle School are starting the year with high expectations. And why shouldn't they? Last year the varsity football team went 7-3 for back-to-back seasons, the varsity girls' soccer team made the State Tournament for the 19th consecutive year, and the varsity field hockey team made the State Tournament for the 9th consecutive year. Along with these accomplishments there were numerous league all-stars and many individual accomplishments.

Much of this success is based on the hard working, knowledgeable, and dedicated coaches here in Saugus. Regardless of the sport, Saugus High School and the Belmonte Middle School have coaches who not only care about their program but also care for the well being of all their student-athletes. In this article I would like to take the opportunity to highlight my fall varsity coaches and their experience and success here in Saugus. These individuals are deserving of our respect and gratitude. I truly believe success will continue to follow with these coaches at the helm.

Varsity Football: Mr. Michael Broderick

- 5th year head coach
- 2007 Northeastern Conference Coach-of-the-Year
- 2008 Agganis football game coach
- Back-to-Back 7-3 seasons

Varsity Golf: Mr. Jeff Mitchell

- 5th year head coach
- 2008 Northeastern Conference Sportsmanship Award
- Developed girls' golf program in 2006
- Developed middle school and elementary school golf clinics

Varsity Cross Country/Track: Mr. Kevin Fontanella

- 1st year cross county head coach
- 3rd year outdoor track coach
- Coached varsity indoor track for 3 years
- 3-time NEC South Champions-track
- 3-time NEC Coach-of-the-Year

Varsity Football Cheerleading/Basketball: Ms. Jeana Forestier

- 1st year head coach -football
- 2nd year head coach -basketball
- Assistant coach 2 years

Varsity Girls' Soccer: Mr. Chris Coviello

- 1st year as head coach
- 2 year boys' varsity soccer coach
- 2008 NEC Sportsmanship Award
- 2007, 2008 Agganis Soccer Game coach

Varsity Boys' Soccer: Mr. Tom Duplisea:

- 1st year head coach
- Played on first SHS soccer team
- Assistant SHS coach 2 years
- Director of Saugus Youth Soccer Association

Varsity Field Hockey: Ms. Barbara Guarente

- 17th years as head coach
- 2-time NEC Coach-of-the-Year
- 5-time NEC Champion
- 9 consecutive State Tournament appearances
- 2-time NEC Sportsmanship Award
- Varsity Indoor Track coach

Middle School Field Hockey: Ms. Ashley Panzini

- 1st year head coach
- Freshman basketball coach

Middle School Cross Country: Mr. Chris Tarantino

- 12th season as head coach
- 3-time NEC Champion
- Developed top runner in NEC 4 times

Varsity indoor track coach

Middle school spring track coach

As you can see, all our coaches are extremely knowledgeable and well qualified. Throughout the year I will update you on all the coaches at Saugus High School and at the Belmonte Middle School. I thank you for your support and I hope to see you at some of the games!