

## Week 1

### *Massachusetts Performance Standards*

**The students will:** 2.8-Use combinations of manipulative, locomotor, and non-locomotor skills to develop movement sequences and patterns, both individually and with others.  
2.9-Demonstrate developmentally appropriate basic manipulative and advanced specialized physical skills, including throwing and catching different objects with both accuracy and force, hand and foot dribbling while preventing an opponent from challenging, an accurate striking proficiency.

### UNIT – BADMITTON

1. Serving

#### Objectives (Students will...)

1. Students will be able to hit the shuttlecock, from the service line over the net and into the service area on the other side of the net 7 out of 10 times.
2. Students will be able to hit the shuttlecock back and forth across the net 10 consecutive hits each without the shuttlecock hitting the floor.

#### Essential Question

1. What are the proper physical mechanics for serving?

#### Mission and Expectations

1. Critical thinking skills.
2. Problem solving skills.
3. Motor skills.

#### Teacher Resources

1. Badminton rackets
2. Shuttlecocks
3. Nets

#### Media and Technology Resources

1. None

#### Evaluation/Activities

**Lecture/Demonstration:** Serving the shuttlecock.

**Class work:** Practice serving the shuttlecock.

**Homework:** None

**Review:** None

**Quiz:** None

**Lesson Completion Date** 03/05 /10

**Technology Used/ Date Used:** NA

**Completed By:** Belmonte PE Department

**Comments:**

## Week 2

### *Performance Standards*

**The students will: The students will:**2.8-Use combinations of manipulative, locomotor, and non-locomotor skills to develop movement sequences and patterns, both individually and with others.  
2.9-Demonstrate developmentally appropriate basic manipulative and advanced specialized physical skills, including throwing and catching different objects with both accuracy and force, hand and foot dribbling while preventing an opponent from challenging, an accurate striking proficiency.

### **Unit/Topic/Lesson** **UNIT – BADMITTON**

1. Rallying the shuttlecock.

#### **Objectives**

1. Students will be able to hit the shuttlecock back and forth across the net 10 consecutive hits each without the shuttlecock hitting the floor. .

#### **Essential Question**

1. What are the proper physical mechanics for rallying the shuttlecock.

#### **Mission and Expectations**

1. Critical thinking skills.
2. Problem solving skills.
3. Motor skills.

#### **Teacher Resources**

1. Badmitton rackets
2. Shuttlecocks
3. Nets

#### **Media Resources**

1. None

#### **Evaluation/Activities**

**Class work:** To be done on each topic/concept as needed for understanding.  
**Homework:** None  
**Review:** All weekly concepts.  
**Quiz:** None

**Lesson Completion Date:** 03/12/10

**Technology Used/ Date Used:** NA

**Completed By:** Belmonte PE Department

**Comments:**

**Week 3**

**Performance Standards**

**The students will:** 2.8-Use combinations of manipulative, locomotor, and non-locomotor skills to develop movement sequences and patterns, both individually and with others.  
2.9-Demonstrate developmentally appropriate basic manipulative and advanced specialized physical skills, including throwing and catching different objects with both accuracy and force, hand and foot dribbling while preventing an opponent from challenging, an accurate striking proficiency.

**Unit/Topic/Lesson**  
**UNIT – BADMITTON**

2. Rules for Badmitton.

**Objectives**

1. The students will demonstrate knowledge of the rules while playing a game of Badmitton.

**Essential Question**

1. How do the rules help or hinder the flow of play of Badmitton.

**Mission and Expectations**

1. Critical thinking skills.
2. Problem solving skills
3. Motor skills.

**Teacher Resources**

1. Badmitton racket
2. Shuttlecocks
3. Nets

**Media Resources**

1. None

**Evaluation/Activities**

**Class work:** To be done on each topic/concept as needed for understanding.  
**Homework:** None  
**Review:** All weekly concepts.  
**Quiz:** None

**Lesson Completion Date:** 03/19/10

**Technology Used/ Date Used:** NA

**Completed By:** Belmonte PE Department

**Comments:**

**Week 4**

***Performance Standards***

**The students will:** 2.8-Use combinations of manipulative, locomotor, and non-locomotor skills to develop movement sequences and patterns, both individually and with others.  
2.9-Demonstrate developmentally appropriate basic manipulative and advanced specialized physical skills, including throwing and catching different objects with both accuracy and force, hand and foot dribbling while preventing an opponent from challenging, an accurate striking proficiency.

**Unit/Topic/Lesson**  
**UNIT – BADMITTON**

1. Games

**Objectives**

1. Students will apply skills learned from previous lessons to a competitive game situation.

**Essential Question**

1. Can students apply skills learned to a game situation?

**Mission and Expectations**

1. Critical thinking skills.
2. Problem solving skills.
3. Motor skills.

**Teacher Resources**

1. Badminton Rackets
2. Shuttlecocks
3. Nets

**Media Resources**

1. None

**Evaluation/Activities**

**Class work:** To be done on each topic/concept as needed for understanding.  
**Homework:** None  
**Review:** All weekly concepts.  
**Quiz:** None

**Lesson Completion Date:** 03/26/10

**Technology Used/ Date Used:** NA

**Completed By:** Belmonte PE Department

**Comments:**