

**Week 1**

*Massachusetts Performance Standards*

*The students will:*2.10 – Perform a rhythm routine that combines traveling, rolling, balancing, and weight transfer into smooth flowing sequences with intentional changes in direction, speed, and flow.

**UNIT – DANCE**

1. Square Dancing

**Objectives (Students will...)**

1. Students will be able to perform 3 beginner square dances.

**Essential Question**

1. What are the commands for square dancing?

**Mission and Expectations**

1. Critical thinking skills.
2. Problem solving skills.
3. Motor skills.

**Teacher Resources**

1. CD player
2. Music
3. Gym Space
4. Pennies

**Media and Technology Resources**

1. Folk Dances From Around The World

**Evaluation/Activities**

**Lecture/Demonstration:** Showing the dance moves  
**Class work:** Practice dancing  
**Homework:** None  
**Review:** None  
**Quiz:** None

**Lesson Completion Date** 04/01 /10

**Technology Used/ Date Used:** NA

**Completed By:** Belmonte PE Department

**Comments:**

**Week 2**

***Performance Standards***

**The students will: The students will:** 2.10 – Perform a rhythm routine that combines traveling, rolling, balancing, and weight transfer into smooth flowing sequences with intentional changes in direction, speed, and flow.

**Unit/Topic/Lesson  
UNIT – DANCE**

1. Square Dancing

**Objectives**

1. Students will be able to perform an advanced Square Dance.

**Essential Question**

1. What are the commands for square dancing.

**Mission and Expectations**

1. Critical thinking skills.
2. Problem solving skills.
3. Motor skills.

**Teacher Resources**

1. CD player
2. Music
3. Gym Space
4. Pennies

**Media Resources**

1. Folk Dances From Around The World
2. Square Dance Fun for Everyone

**Evaluation/Activities**

**Class work** Showing the dance moves.

**Homework:** None

**Review:** All weekly concepts.

**Quiz:** None

**Lesson Completion Date:** 04/08/10

**Technology Used/ Date Used:** NA

**Completed By:** Belmonte PE Department

**Comments:**

**Week 3**

***Performance Standards***

**The students will:**2.10 – Perform a rhythm routine that combines traveling, rolling, balancing, and weight transfer into smooth flowing sequences with intentional changes in direction, speed, and flow.

**Unit/Topic/Lesson  
UNIT – DANCE**

1. Line Dancing

**Objectives**

1. The students will be able to perform line dances.

**Essential Question**

1. What are the commands for Line Dancing.

**Mission and Expectations**

1. Critical thinking skills.
2. Problem solving skills
3. Motor skills.

**Teacher Resources**

1. CD player
2. Music
3. Gym Space
4. Pennies

**Media Resources**

1. Mixed CD.

**Evaluation/Activities**

**Class work:** Showing the dance moves.  
**Homework:** None  
**Review:** All weekly concepts.  
**Quiz:** None

**Lesson Completion Date:** 04/15/10

**Technology Used/ Date Used:** NA

**Completed By:** Belmonte PE Department

**Comments:**

**Week 4**

***Performance Standards***

**The students will:** 2.10 – Perform a rhythm routine that combines traveling, rolling, balancing, and weight transfer into smooth flowing sequences with intentional changes in direction, speed, and flow.

**Unit/Topic/Lesson  
UNIT – DANCE**

1. Square Dancing and Line Dancing

**Objectives**

1. Students will be able to perform the square dances and line dances.

**Essential Question**

1. Can students perform skills to all dances.

**Mission and Expectations**

1. Critical thinking skills.
2. Problem solving skills.
3. Motor skills.

**Teacher Resources**

1. CD player
2. Music
3. Gym Space
4. Pennies

**Media Resources**

1. Folk Dances from Around the World
2. Square Dance fun for Everyone
3. Mixed CD

**Evaluation/Activities**

**Class work:** Showing the dance moves.  
**Homework:** None  
**Review:** All weekly concepts.  
**Quiz:** None

**Lesson Completion Date:** 04/29/10

**Technology Used/ Date Used:** NA

**Completed By:** Belmonte PE Department

**Comments:**