

Week 1

Massachusetts Performance Standards

The students will: 2.8-Use combinations of manipulative, locomotor, and non-locomotor skills to develop movement sequences and patterns, both individually and with others.
2.9-Demonstrate developmentally appropriate basic manipulative and advanced specialized physical skills, including throwing and catching different objects with both accuracy and force, hand and foot dribbling while preventing an opponent from challenging, an accurate striking proficiency.

UNIT – SOCCER

1. Dribbling
2. Passing
3. Shooting

Objectives (Students will...)

1. Students will be able to dribble the ball with a cone maze in 20 seconds or less.
2. Students will be able to pass the ball to a stationary target in 9 out of 10 times.
3. Students will be able to pass the ball to a moving target in 6 out of 10 times.
4. Students will be able to shoot the ball on net 8 out of 10 times.

Essential Question

1. What are the proper physical mechanics for dribbling a soccer ball?
2. What are the proper physical mechanics for passing a soccer ball?
3. What are the proper physical mechanics for shooting a soccer ball?

Mission and Expectations

1. Critical thinking skills.
2. Problem solving skills.
3. Motor skills.

Teacher Resources

1. Soccer How to Play Like a Pro
2. Cones
3. Balls
4. Field

Media and Technology Resources

1. None

Evaluation/Activities

Lecture/Demonstration: Dribbling, passing and shooting a soccer ball.
Class work: Practice dribbling, passing and shooting a soccer ball.
Homework: None
Review: None
Quiz: None

Lesson Completion Date: 10/9/09

Technology Used/ Date Used: NA

Completed By: Belmonte PE Department

Comments:

Week 2

Performance Standards

The students will: The students will:2.8-Use combinations of manipulative, locomotor, and non-locomotor skills to develop movement sequences and patterns, both individually and with others.
2.9-Demonstrate developmentally appropriate basic manipulative and advanced specialized physical skills, including throwing and catching different objects with both accuracy and force, hand and foot dribbling while preventing an opponent from challenging, an accurate striking proficiency.

**Unit/Topic/Lesson
UNIT – SOCCER**

1. Rules of Soccer.

Objectives

1. Students will demonstrate knowledge of the rules while playing a game of Soccer.

Essential Question

1. How do the rules help or hinder the flow of play of Soccer?

Mission and Expectations

1. Critical thinking skills.
2. Problem solving skills.
3. Motor skills.

Teacher Resources

1. Soccer How to Play Like a Pro
2. Cones
3. Balls
4. Field

Media Resources

1. None

Evaluation/Activities

Class work: To be done on each topic/concept as needed for understanding.

Homework: None

Review: All weekly concepts.

Quiz: None

Lesson Completion Date: 10/16/09

Technology Used/ Date Used: NA

Completed By: Belmonte PE Department

Comments:

Week 3

Performance Standards

The students will:2.8-Use combinations of manipulative, locomotor, and non-locomotor skills to develop movement sequences and patterns, both individually and with others.
2.9-Demonstrate developmentally appropriate basic manipulative and advanced specialized physical skills, including throwing and catching different objects with both accuracy and force, hand and foot dribbling while preventing an opponent from challenging, an accurate striking proficiency.

Unit/Topic/Lesson
UNIT – SOCCER

1. Offensive strategy for the game of Soccer.
2. Defensive strategy for the game of Soccer.

Objectives

1. The students will demonstrate understanding of basic offensive strategy when playing a game of Soccer.
2. The students will demonstrate understanding of basic defensive strategy when playing a game of Soccer.

Essential Question

1. How does the understanding of game strategy help a team achieve the goal of winning the game?

Mission and Expectations

1. Critical thinking skills.
2. Problem solving skills
3. Motor skills.

Teacher Resources

1. Soccer How to Play Like a Pro
2. Balls
3. Cones
4. Field

Media Resources

1. None

Evaluation/Activities

Class work: To be done on each topic/concept as needed for understanding.
Homework: None
Review: All weekly concepts.
Quiz: None

Lesson Completion Date: 10/23/09

Technology Used/ Date Used: NA

Completed By: Belmonte PE Department

Comments:

Week 4

Performance Standards

The students will: 2.8-Use combinations of manipulative, locomotor, and non-locomotor skills to develop movement sequences and patterns, both individually and with others.
2.9-Demonstrate developmentally appropriate basic manipulative and advanced specialized physical skills, including throwing and catching different objects with both accuracy and force, hand and foot dribbling while preventing an opponent from challenging, an accurate striking proficiency.

Unit/Topic/Lesson
UNIT – SOCCER

1. Games

Objectives

1. Students will apply skills learned from previous lessons to a competitive game situation.

Essential Question

1. Can students apply skills learned to a game situation?

Mission and Expectations

1. Critical thinking skills.
2. Problem solving skills.
3. Motor skills.

Teacher Resources

1. Soccer Play Like a Pro
2. Cones
3. Balls
4. Field

Media Resources

1. None

Evaluation/Activities

Class work: To be done on each topic/concept as needed for understanding.
Homework: None
Review: All weekly concepts.
Quiz: None

Lesson Completion Date: 10/30/09

Technology Used/ Date Used: NA

Completed By: Belmonte PE Department

Comments:

