

Weeks

Massachusetts Performance Standards

The students will:

- 7.11** - Contrast the emotional impact on long-term relationships of positive communication (such as active listening, praise, and humor) with negative communication (such as teasing, name calling, bullying).
- 7.13** – Explain the importance of communication in setting limits in a sexual relationship.
- 7.14** – Explain the purpose of friendship in different stages of the life cycle and describe how friends can support one another in making healthy decisions.
- 7.15** - Recognize and identify the concept of friendship without romantic involvement and how friendship may develop into romantic relationships.
- 7.16** – Explain the importance of responsibility and character traits such as love, respectfulness, generosity, kindness, and forgiveness, in committed relationships.
- 7.17** – Describe commitment in casual and serious relationships.

UNIT

Relationships (Sexuality I)

Objectives (Students will...)

1. Gain a better understanding of what a relationship is.
2. Identify the components of a relationship and how they determine the type of relationship
3. Understand the difference between constructive and destructive elements
4. Acknowledge that the elements of attraction may differ from person to person.
5. Learn about the signs of abuse and how to seek help.
6. Learn how to end a relationship.

Essential Question

What physical, social, and emotional benefits will you get from gaining further knowledge in relationships?

Mission and Expectations

Health & Wellness

- Understands the fundamental wellness and fitness concepts and the skills which foster healthy habits and behaviors
- Make healthy –enhancing decisions by assessing risks and considering potential consequences.

Autonomous Learning Skills

- Takes responsibility for his/her learning
- Is a lifelong learner
- Can set priorities and identify

Personal and Social Responsibility

- Takes responsibility for his/her learning
- Respects himself/herself and others

Teacher Resources

1. Health & Wellness Textbooks
2. Handouts & Worksheets on relationship topics

Media and Technology Resources

1. www.discoveryeducation.com
2. Movies with a main focus on relationships

Evaluation/Activities

Lecture/Demonstration: Each concept/topic will be introduced by the teacher using any resources that are available.

Class work: To be done on each topic/concept as needed for understanding.

Homework: To be given daily on each introduced topic as determined by the teacher.

Review: All weekly concepts will be reviewed and connections to concepts should be made by the students.

Quiz: Formal assessments will be given as warranted by the curriculum.

Lesson Completion Date:

Technology Used/ Date Used:

Completed By:

Comments:

Week 2

Performance Standards

The students will:

**Unit/Topic/Lesson
UNIT**

1.

Objectives

1.

Essential Question

Mission and Expectations

Teacher Resources

1.

Media Resources

1.

Evaluation/Activities

Class work: To be done on each topic/concept as needed for understanding.
Homework: To be given daily on each introduced topic as determined by the teacher.
Review: All weekly concepts.
Quiz: Assessments given as warranted by the curriculum.

Lesson Completion Date:

Technology Used/ Date Used:

Completed By:

Comments: