

Weeks

Massachusetts Performance Standards

The students will:

- 11.11 Identify shared community and societal beliefs that underlie violence.
- 11.12 Describe the relationship between negative stress and violence.
- 11.13 Describe the relationships among attitudes, behaviors, and vulnerability to violence.
- 11.18 Demonstrate skills for refusal, negotiation, and collaboration to avoid potentially harmful situations in personal, work, and community relationships.
- 11.19 Identify the health consequences of domestic violence, child abuse, rape, and other forms of violence and discuss strategies to deal with as well as prevent them.

UNIT

Violence Prevention

Objectives (Students will be able to...)

- Students will be able to define violence and relate it to various causal factors
- Students will be able to identify how attitudes and beliefs promoting violence are developed and influenced.
- Students will develop the skill of reducing their risk of being involved in violence.

Essential Question

What are some of the causal factors behind violence in our society and what actions can I take to try and prevent violence arising out of conflict in my life?

Mission and Expectations

Health & Wellness

- Understands the fundamental wellness and fitness concepts and the skills which foster healthy habits and behaviors
- Make healthy –enhancing decisions by assessing risks and considering potential consequences.

Autonomous Learning Skills

- Takes responsibility for his/her learning
- Is a lifelong learner
- Can set priorities and identify

Personal and Social Responsibility

- Takes responsibility for his/her learning
- Respects himself/herself and others

Teacher Resources

1. Handouts on violence, conflict and resolution, anger management
2. Flip charts, markers, white board and markers

Media and Technology Resources

1. Health and Wellness textbook
2. DVD a and videos on violence prevention, conflict resolution, anger management

Evaluation/Activities

Lecture/Demonstration: Each concept/topic will be introduced by the teacher using any resources that are available.
Class work: To be done on each topic/concept as needed for understanding.
Homework: To be given daily on each introduced topic as determined by the teacher.
Review: All weekly concepts will be reviewed and connections to concepts should be made by the students.
Quiz: Formal assessments will be given as warranted by the curriculum.

Lesson Completion Date:

Technology Used/ Date Used:

Completed By:

Comments:

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